



CYCLING ROUTES IN THE MANNING VALLEY

OLD BAR ROAD → MANNING POINT - 34kms - approx. 2hrs

Mostly flat. Nice detour via Oxley Flat on return.

Good half day ride - can continue on to Saltwater and Wallabi Point (12km from Manning Point turn-off).

WINGHAM → CHARITY CREEK (Mt George Rd) → BURRELL CREEK → BOOTAWA DAM → WINGHAM (via Brushy Cutting Lookout)

50kms - 4 to 5 hours (including lunch)

Road from Charity Creek to Burrell Creek is quite steep, up and down and very rocky.

Nice lunch spot at Bootawa Dam (no water available).

Steep ride up to Brushy Cutting Lookout then downhill to Wingham.

AIRPORT → MELINGA → UPPER LANSDOWNE → LANSDOWNE → AIRPORT

Approx 40kms – approx 3hrs.

Variant is Upper Lansdowne to Comboyne. Steep dirt road. Approximately 2 hours up, 20 – 30 minutes down. (Only for fit cyclists with suitable bikes).

HARRINGTON → DIAMOND HEAD → HARRINGTON

Approx 40kms – approx 3hrs

Look at Crowdy Head then back to turnoff and head for Diamond Head (15kms of gravel road, sometimes quite rocky but quite flat).

TIMES FOR REASONALBY FIT RECREATIONAL CYCLISTS.